



The Shulman Center August 2017 Monthly e-Newsletter

HAPPY 15th ANNIVERSARY
To My Wife and Creative Director,
Tina Shulman.
August 8, 2002 - August 8, 2017



Welcome to the 13th year of our e-Newsletter!
We currently have nearly 3,000 subscribers!
Thanks for your continued interest & support!

[Quick Links!](#)
[Click on Links Below:](#)

- [Mr. Shulman Quoted About Worldwide Shoplifting Trends In Recent International Online 'zine](#)**
- [Mr. Shulman's Appearance on T.D. Jakes May 12, 2017 Show on Financial Infidelity](#)**
- [Mr. Shulman's 90-Minute Hoarding Presentation](#)**
- [Mr. Shulman Quoted in Recent Online Article on Shopping While Driving](#)**
- [View Mr. Shulman's New 2-Minute Shoplifting Addiction Video](#)**
- [View Late Comedian George Carlin's Famous Rant on "Stuff"](#)**
- [View Unsteal.org Founder Introduce the "Unsteal Box" in TV News Debut](#)**

UPCOMING SEMINARS, WORKSHOPS & PRESENTATIONS of INTEREST

Mr. Shulman's brother, Samson Shulman, recently released an in-depth podcast interview with Jonathan Schwartz--the music business manager who stole \$7 million from his client Alanis Morissette. Mr. Schwartz reported to prison on July 11, 2017. See: <http://www.hustlesanctuary.com/podcasts/>

Friday July 28, 2017: *Mr. Shulman taped a Skype interview as a guest expert on teen shoplifting with Leana Greene, C.E.O. of the online parenting resource Kids in The House. Segment to air live on Facebook this month. See: www.kidsinthehouse.com*

Monday August 14, 2017: *Mr. Shulman will facilitate a movie night discussion for therapists at Jewish Family Services in West Bloomfield, MI. 5:30-8:30pm. 3 CEUs. Film title and cost TBA.*

Saturday August 19, 2017: *Mr. Shulman presents on understanding and treating compulsive stealing, spending and hoarding at MENSA Detroit's monthly group meeting. Southfield, MI. 8-10pm Open to the public. \$5 fee.*

Thursday September 7, 2017: *Mr. Shulman presents: "OuR sTuFf AnD uS! Understanding and Treating Hoarding Disorder" at Crazy Wisdom Bookstore and Tea Room in Ann Arbor. 7-9pm. Free.*

Tuesday September 12, 2017: *Mr. Shulman presents on understanding and treating hoarding disorder at the Royal Oak, MI Public Library. 7-8:30pm. Free.*

Friday September 15, 2017: *Mr. Shulman presents on the relationship between brain injuries and the onset of compulsive shopping and stealing at the BIAMI (Brain Injury Association of Michigan) Annual*

Conference in Lansing, MI. 11:45am-12:45pm. Registration required.

Friday September 29, 2017: Mr. Shulman presents on understanding and treating hoarding disorder at the Mackinaw City, MI Public Library. 3:30-5:00pm. Free.

Tuesday October 10, 2017-Mr. Shulman presents on understanding and treating hoarding disorder for the Interfaith Volunteer Committee at St. Hubert's Church in Harrison Twp., MI. 1:00-2:30pm. Free.

Friday October 20, 2017: Mr. Shulman presents on individual and social work ethics for Core Learning, Inc. at Jewish Family Services in West Bloomfield, MI. 9am-3:30pm. Open to the public. \$99 includes lunch and 6 CEUs.

Wednesday March 21, 2018: Mr. Shulman presents on understanding and treating hoarding disorder at the Huntington Woods, MI Public Library. 7-8:30pm. Free.

**Facts, Stats,
Quotes & More!**

"A happy marriage is the union of two good forgivers."

~Robert Quillen

"We come to love not by finding a perfect person, but learning to see an imperfect person perfectly."

~ Sam Keen

"People stay married because they want to, not because the doors are locked."

~Paul Newman

***"Once we figured out that we could not change each other,
we became free to celebrate ourselves as we are."***

~H. Dean Rutherford

"Coming together is a beginning; keeping together is progress; working together is success."

~Henry Ford

***"The first to apologize is the bravest.
The first to forgive is the strongest.
The first to forget is the happiest."***

~Author unknown

ITEMS OF INTEREST

[Looking for a C.A.S.A. Group Near You?](#)

New chapters now meeting in these cities:

Houston, Texas

CASA group

starting soon

Contact: 409-350-8449

Fort Collins, Colorado

Wednesdays 6 - 7 pm

Harmony Presbyterian Church Room #4

400 E. Boardwalk
Fort Collins, Colorado 80525

Denver/Boulder, Colorado

CASA group
starting soon
Contact: 303-653-5380

Westmont, Illinois

Tuesdays 6:30 - 7:30pm
St. Paul's United Church of Christ
5739 Dunham Rd.
Downers Grove, IL 60615
Contact Gail: 630-290-1137
or:
gmlupia28@gmail.com

Olympia, Washington

Fridays from 7:00pm - 8:00pm
Olympia Unitarian Universalist Church
2315 Division St. NW, Olympia, WA 98502
Contact Deborah: 360-915-2048

Lansing, Michigan

Tuesdays from 6:30pm - 7:30pm
Unitarian Universalist Church of Greater Lansing
5509 S. Pennsylvania Ave. Lansing, MI 48911
Contact Jill: 517-351-4081

Contact Mr. Shulman for More Information
on Starting a C.A.S.A. Chapter Near You!

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View Mr. Shulman's 2-minute YouTube Video on Shoplifting Addiction:

<https://www.youtube.com/watch?v=N7eNcJhwGwc>

*Great New Podcast by Samson Shulman!
Interviews with up 'n coming trailblazers
and their ups 'n downs along their way*

<http://www.hustlesanctuary.com/>

The Ultimate Parenting Resource

<http://www.kidsinthehouse.com/>

Local, National, International Organization

<https://buynothingproject.org/>

Sign Up for The Jack Hayes, International Free Quarterly Loss Prevention Newsletter!

<http://hayesinternational.com/products/the-hayes-report-on-loss-prevention-newsletter/>

Online Course For Shoplifters Helps Them Understand and Stop Stealing

<http://web.3rdmilclassrooms.com/courses/court/stoplifting#section-top>

Online Course for Understanding and Deterring Employee Theft

<http://www.360training.com/hr-ethics-compliance/corporate-compliance/anti-trust-bribery/creating-honest-theft-free-workplace-course>

New Film Highlights Suicide Prevention!
The New Documentary Film "Death Is Not The Answer"
Written, Directed and Produced by Keith Famie
<http://deathisnottheanswer.com/>

New Book Outlines The Wonders of A Minimalist Lifestyle
The More of Less by Joshua Becker
www.becomingminimalist.com

Check out new Unsteal.org videoclips...
"Confessions of a Repenting Thief"
<https://www.youtube.com/watch?v=ZEY1tLlb0QY>
www.unsteal.org

Monthly Articles of Interest

Click on blue hyperlinks to view full articles/videos:

[How to Keep Stress From Making Your Life A Mess!](#)
Recent NY Times Article Breaks It Down To Simple Strategies

[Look Out Nicolas Cage, You've Got Competition!](#)
Johnny Depp Is New Poster Boy for Celebrity Shopaholics!

[Dispelling Myths About Marital Infidelity](#)
And Some Common Signs Your Partner Might Be Straying

[Interview with Alanis Morissette's Prison-Bound Former Manager](#)
Jonathan Schwartz Lays It Bare After Embezzling \$7 Million

[How Not To Get Leniency for Your Embezzlement Sentencing](#)
Apologize but Have No Proof of Therapy and Nothing Saved for Restitution

[The Slow But Sure Death of The Shopping Mall](#)
Recent NY Times Article Chronicles Continuing Shift to Online Shopping

[Katy Perry's Therapeutic Confessional](#)
Viceland TV's "The Therapist" Dives Deep to Help Reveal The Real Star

[Not Everything Happens for A Reason](#)
13-Minute Audio Clip Warns Against Avoiding Grief with Magical Thinking

[World's Oldest Repeat Shoplifter?](#)
86 May Be The New 76 But Still...

[Now Where Is He Going To Put His Business Cards?](#)
California Judge Forced to Resign After Swiping Card Holders From Event!

[8 Relatively Simple Things To Do Daily To Improve Your Health](#)
My Wife Tina Swears By Them!

[And You Thought Bankers Only Stole Millions!](#)
Banking Exec Busted for Using Baby Stroller to Pilfer From Whole Foods!

[All Cynicism Aside, The Opposite of Addiction is Connection!](#)
Short Article is Long On Good Advice

[So Much For Taking A Vow of Poverty!](#)

Priest Charged with Embezzling from Church and Buying \$1.4 Million Home!

**[Time Theft is Still Theft--Especially for Elected Officials!](#)
Judge In Hot Water for Not Disciplining Loafing Secretaries!**

**[Comedian Jim Gaffigan Weighs In Our Storage Unit Addiction!](#)
2-Minute Video Clip Would Be Funny If It Weren't So True!**

**This
Month's
Featured
Articles**

Married to Recovery

by
Terry Shulman

My wife Tina and I are about to celebrate our 15-year wedding anniversary on August 8th. According to some traditions, the 15-year wedding gift is crystal. Who made these up? All I can say is that I have learned a lot about myself, my partner, and relationships over the last 15 years of marriage and 18 years together; and something tells me I ain't done learnin' yet!

My parents were divorced when I was about 11 years old and my wife's parents--as she likes to say--should've gotten divorced before they even started having kids! Like many or most of us, my wife and I didn't have the best role models for marriage growing up. But I think what has kept us together is a combination of love, respect, good friends (including many couples), and a continued willingness to work on and look at ourselves. I can also say that without at least a foundation of recovery in my life, my marriage would have been over long ago.

My wife took a chance on me when, during our second date back in 1999, I divulged my history of shoplifting addiction. She could have simply said, "Check, please!" But she appreciated my honesty and commitment to my recovery. Little did we know that, over the 15 years of our marriage, I would come to dance with other addictions including co-dependency, work, TV, Internet, and even food! Fortunately, we have pretty open communication and she expressed her concerns and I could (at least eventually) hear and address them. Staying recovery-minded in relation to all addictions is imperative in keeping marriage honest and clean. When I'm not caring for myself or living a secret life and pulling away from my beloved, divorce becomes increasingly likely.

As we approach the 15-year mark, my wife and I have had enough time to see each other's warts and develop a myriad of pet-peeves with each other. We've also let each other in enough to know each other's tender spots and core issues. We recognize that no marriage is "perfect" in the sense that it's always lovey-dovey and issue-free; instead, we've come to appreciate that marriage is a divine opportunity to become more aware of ourselves, to heal and grow, to practice patience and gentleness, to hold the torch for each other's magnificence and to continue to learn how to give and receive and be love (intimacy). It's the journey not the destination! I've been married to recovery for over 27 years--about 12 years longer than my wife. But recovery is not a jealous mistress--recovery loves that I am married; nor is my wife jealous of my recovery or the time I devote to it, for it gives me half a chance to be the man and husband I dream to be.

Japanese Doctor Who Is Translating My Shoplifting Book To Visit Me in Detroit in October

by
Terry Shulman

Dr. Hiroshi Okuda, a psychiatrist at Irabu General Hospital in Kanagawa, Japan contacted me by email about a year ago. He stated, in decent English, that he'd read my book *Something for Nothing: Shoplifting Addiction and Recovery* and wanted to translate it into Japanese and find a publisher to distribute it in Japan. He said he had worked with patients who had "kleptomania" or other theft-related behaviors that seemed complex and

difficult to treat. He noted that there is a lot of stealing in Japan, including shoplifting. We've kept in touch and he's emailed me translation passages over the last two months. Recently, he informed me that he will be in the United States in October for business and to visit a friend and that he'd like to stop by and meet with me here in metro-Detroit. We are planning to do so.

Here is a recent email that Dr. Okuda sent me giving me a little background about "kleptomania" history in Japan....

History of shoplifting/kleptomania treatment from a "therapist" in Japan who is coming to visit me in October and who has been working with me on translating my book "Something for Nothing" into Japanese to, hopefully, have it published in Japan next year....

The history of treatment of kleptomania or shoplifting addiction in Japan as far as I know

In 1990s Dr. Takemura happened to find increasing number of patients with kleptomania or shoplifting addiction in Akagikogen hospital which he had founded as a mental hospital specializing the treatment of dependence and addiction. It is situated about 60 miles north to Tokyo. He found many kleptomania patients with eating disorder.

He initiated group therapy for kleptomania and reported that in the home page of Akagikogen hospital in 2000. Then the influx of such patients occurred and many legal professionals including lawyers showed interest on that. Dr. Takemura has also advocated at various places in Japan that kleptomania needs treatment and punishment cannot have any effects to prevent further thefts. In the form of admission as a treatment only Akagikogen hospital, having 110 beds, offers it in Japan still now.

In recent years nearly half of hospital beds are for kleptomaniacs. And at the satellite outpatient clinic in Tokyo Dr. Takemura sees patients on Friday. 90% of his outpatients are kleptomaniacs. He reports that up to now his hospital and satellite clinic have seen 1700 cases. He is in his 70s.

He asked me 3 years ago that there were certain numbers of kleptomania patients from Hokuriku district where I live. He asked assistance of me to help them to support their recovery at my outpatient clinic. I thought I should help him. I have seen 30 cases up to now. Besides Akagikogen hospital and my outpatient clinic I suppose there are more than 10 outpatient clinics and mental hospitals which provide treatment to kleptomania or shoplifting addiction.

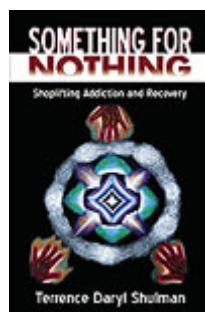
Now we have 21 kleptomania's anonymous (KA) groups at certain areas in Japan, but sadly none in my district. Under these circumstances we need your book!

Hiroshi O.

If you need to talk, or if you or someone you know is experiencing suicidal thoughts, text the Crisis Text Line at 741-741 or call the National Suicide Prevention Lifeline at 1-800-273- 8255.

Books by Terrence Daryl Shulman

[Click here to order!](#)

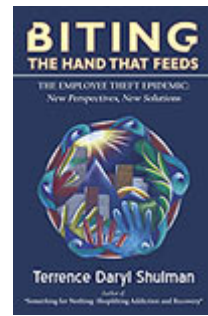
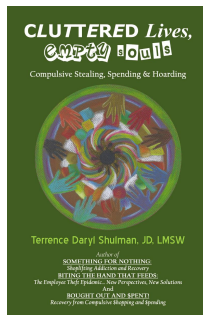


SOMETHING FOR NOTHING:
Shoplifting Addiction & Recovery



BOUGHT OUT AND SPENT!
Compulsive Shopping and Spending

[Click here to order!](#)



CLUTTERED LIVES, EMPTY SOULS
Compulsive Stealing, Spending Hoarding

BITING THE HAND THAT FEEDS
The Employee Theft Epidemic

SPOTLIGHTS
OTHER ASSOCIATES ARE DOING GREAT WORK, TOO!

Younique Wellness for Body, Mind and Spirit

<http://youniquewellness.net>

Think Beyond Belief Publishing

<http://kevinalexander.com>

<http://zantimekoqwanzi.com>

Joshua Becker: Minimalist, author, activist

<http://www.becomingminimalist.com>

Alabama Court Referral Program

S.T.E.P.: Stop Theft Education Program

3rd Millenium STOPLifting Online Education Course

www.3rdmilclassrooms.com

UnSTEAL.org--A Non-Profit Corporation

<http://unsteal.org>

Getting Out From Going Under (Debt)

<http://gettingoutfromgoingunder.com>

April Benson, Ph.D and Stopping Overshopping

<http://www.shopaholicnomore.com/text-program>

Surviving Suicide with Heart and Humor

<http://writeonmymind.com>

Jack L. Hayes, International, Inc. Loss Prevention

<http://hayesinternational.com>

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