



# The SHULMAN CENTER

*For Compulsive Theft,  
Spending & Hoarding*

## The Shulman Center September 2021 Monthly e-Newsletter

*Celebrating The 19th Year of Our e-Newsletter!*

*Thanks to our 3,000 subscribers for your continued interest & support!*

**HAPPY LABOR DAY!**

**Happy Rosh Hashanah: Jewish New Year!**

**HAPPY 29th ANNIVERSARY TO C.A.S.A.  
CLEPTOMANIACS AND SHOPLIFTERS ANONYMOUS**

**Watch & listen to Mr. Shulman's 90-minute podcast interview  
on shopping addiction and more!**

See: <https://www.youtube.com/watch?v=gDau-8w4LxY>

**Watch and listen to Mr. Shulman's 20-minute live Zoom "Real Men" storytelling  
from June 18th which was just uploaded to YouTube:**

See: <https://www.youtube.com/watch?v=tT2VGCEsDj8>

**Watch & listen to Mr. Shulman's new hour-long podcast interview  
on shopping addiction and more!**

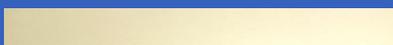
See: <https://www.youtube.com/watch?v=qO6CZca9xy4>

***Life isn't about finding yourself. Life is about creating yourself.***  
-George Bernard Shaw

**New TV series on "theft addiction" which had been put on hold may be picked up in this year!  
Stay tuned!**

**Please Note Our Updated Website at:**

[www.theshulmancenter.com](http://www.theshulmancenter.com)





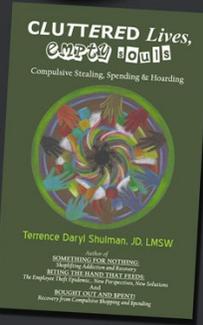
**TERRENCE DARYL SHULMAN**  
 JD, LMSW, ACSW, CAADC, CPC  
 Attorney, Therapist, Consultant, Author & Coach  
 FOUNDER/DIRECTOR OF  
 The Shulman Center for Compulsive Theft, Spending & Hoarding

*Serving People Since 1992*

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 www.theshulmancenter.com



**The SHULMAN CENTER**  
 For Compulsive Theft, Spending & Hoarding



**CLUTTERED Lives,  
 EMPTY HOLES**  
 Compulsive Stealing, Spending & Hoarding

Terrence Daryl Shulman, JD, LMSW

Author of  
 SOMETHING FOR NOTHING:  
 HELPING THE HANDS THAT FEED  
 THE HOMELESS  
 The Employee Theft Problem: A Self-Defense Strategy  
 BOUGHT OUT AND RESENT  
 A Survival Guide for Victims of Shoplifting and Spending

**TERRENCE DARYL SHULMAN**  
 JD, LMSW, ACSW, CAADC, CPC  
 Founder/Director

The Shulman Center  
 for Compulsive  
 Theft, Spending & Hoarding

PO Box 250008  
 Franklin, Michigan 48025  
 Phone/Fax: 248-358-8508  
 www.theshulmancenter.com



**CHECK OUT OUR NEW MERCH at Unsteal.org**  
<https://unsteal.org/swag/>

**CHECK OUT SAMSON SHULMAN'S PODCAST**  
*Connection Is Magic!*  
<https://connectionismagic.com/>

**During This Time of Social Distancing, Your Life Does Not Have To Be on Hold!**  
**Specialized Therapy by Telephone or Video-Chat**  
**Your Life Is Calling...**  
**CALL US AT: 248-358-8508!**

**150-Question Online Shoplifting Assessment Tool**

**ANNOUNCING THE RECENT LAUNCH OF A NEW**

**150-QUESTION ONLINE SHOPLIFTING ASSESSMENT TOOL**

**DEVELOPED BY THE SHULMAN CENTER**

**WITH TECHNICAL ASSISTANCE FROM ADE SOLUTIONS IN METRO-DETROIT**

*This is a rare and in-depth assessment tool and can be easily accessed online.*

It takes about 20-30 minutes to complete and can be used by courts, therapists, and those who have shoplifted. Once the questionnaire is completed and submitted, you will receive an immediate one-page summary that tells you how severe a shoplifting problem you have, what type of shoplifter you are, and what is your risk of reoffending in the future (low, medium, high, very high).

**Read Recent Comprehensive Article from MoneyGeek**

on Compulsive Shopping/Spending... I'm quoted  
[Click Here!](#)

**See Recent Guardian UK Article on Why Wealthy People Shoplift:**

Mr. Shulman quoted as expert!  
[Click Here!](#)

**Listen to Mr. Shulman on a recent 100-minute Podcast Interview**

"White Collar Crime and Recovery" with 15 other "convicts"  
[Click Here!](#)

**See Recent Free Press/USA Today Article on Shopping/Shoplifting Addiction:**

Mr. Shulman quoted as expert!  
[Click Here!](#)

**Listen to Mr. Shulman's 40-min Interview**

Less Waves, More Ocean: Staying Calm in Covid Times  
[Click Here!](#)

**Listen to Mr. Shulman's Recent 45-minute Audio Interview on Shoplifting Addiction:**

When Stealing Is A Drug!  
[Click Here!](#)

**See Recent 5-Minute Video on Shopping Addiction on Cheddar:**

Mr. Shulman quoted as expert!  
[Click Here!](#)

**See Dr. Oz's 15-minute July 9, 2019 Shoplifting Addiction Episode**

Mr. Shulman Feature on The Show!  
[Click Here!](#)

## QUICK LINKS

[2-minute NBC Nightly News Segment \(May 2021\) on Phone and Shopping Addiction Guilt Gifting Is A Thing in 2020 But It Can Get Out of Hand Quickly!](#)

[Anti-Capitalist Teens Share Shoplifting Tips on Tik-Tok](#)  
[Online Shopping Addiction in The Time of Covid Quarantine](#)  
[White Collar Support Group Video Podcast Episode#1](#)

[Shopping Addiction and Holidays](#)  
[Guardian UK Article: Rich Robbers](#)  
[NYPost Shopping Addiction Article](#)

[Dr. Oz July 9, 2019 Episode on Shoplifting Addiction](#)

[Mr. Shulman Quoted in July 14, 2019 Article on Netflix Series "Trinkets" on Teen Shoplifting](#)

[Mr. Shulman Quoted in Vancouver Sun July 24, 2019 Article on Shopping Addiction](#)

[Stop Thief! Restaurant Diners Help Themselves to More Than Food!](#)

[New 10-minute Video Preview of Forthcoming Online Employee Theft Prevention Course](#)

[August 15, 2018 Cover Story on Shoplifting in Detroit Metro Times](#)

[Cosmo Journalist Confesses She's A Shopaholic!](#)

[You Could Be an Online Shopping Addict!](#)

[Men Are Shopaholics, Too! Author Buzz Bissinger Tells All on NBC's Megyn Kelly Show](#)  
[Plain Thieves or Addicted to The Rush? Mr. Shulman Featured in Recent 3-miNute news clip](#)

[Check Out Our Updated Hoarding Disorder Video Archive Webpage!](#)

[Samson Shulman Podcast Interview with Jonathan Schwartz: Embezzler to The Stars](#)

[Mr. Shulman Quoted About Worldwide Shoplifting Trends In Recent International Online 'zine](#)

[Mr. Shulman's Appearance on T.D. Jakes May 12, 2017 Show on Financial Infidelity](#)

[Mr. Shulman's 90-Minute Hoarding Presentation](#)

[Mr. Shulman Quoted in Recent Online Article on Shopping While Driving](#)

[View Unsteal.org Founder Introduce the "Unsteal Box" in TV News Debut](#)

[Shopping Addiction Featured on NBC's Megyn Kelly Show Tuesday February 27](#)

**Saturday October 2, 2021**—Mr. Shulman gives a 6-hour Power Point presentation via Zoom entitled “Everyday Ethics and Social Worker Ethics: How We Teach Our Kids to Be Honest, How We Live Honestly, and How We Practice Our Social Work Profession with Integrity” for CORE Learning, Inc. (Michigan) from 9:30am-4:00pm. \$100 includes 6 CEUs. Register through [www.corelearninginc.com](http://www.corelearninginc.com)

**Sunday October 10, 2021**—Mr. Shulman gives a 4-hour Power Point presentation via Zoom entitled “How Much is Enough? Understanding and Treating Hoarding Disorder (Intermediate to Advanced) for CORE Learning, Inc. (Michigan) from 1:00pm-4:00pm. \$75 includes 4 CEUs. Register through [www.corelearninginc.com](http://www.corelearninginc.com)

**Thursday October 14, 2021**—Mr. Shulman gives a 90-minute in-person Power Point presentation via entitled “Bought Out and Spent! Recovery from Compulsive Shopping and Spending” for the Livonia District Library (Michigan) from 6-7:30pm. Free. Register through the library.

**Saturday November 12, 2021**—Mr. Shulman gives a 6-hour Power Point presentation via Zoom entitled “Cluttered Lives, Empty Souls: Understanding and Treating Compulsive Stealing, Spending and Hoarding” for CORE Learning, Inc. (Michigan) from 9:30am-4:00pm. \$100 includes 6 CEUs. Register through [www.corelearninginc.com](http://www.corelearninginc.com)

**Saturday December 18, 2021**—Mr. Shulman gives a 6-hour Power Point presentation via Zoom entitled “Everyday Ethics and Social Worker Ethics: How We Teach Our Kids to Be Honest, How We Live Honestly, and How We Practice Our Social Work Profession with Integrity” for CORE Learning, Inc. (Michigan) from 9:30am-4:00pm. \$100 includes 6 CEUs. Register through [www.corelearninginc.com](http://www.corelearninginc.com)

## FACTS, STATS, QUOTES & MORE!

### LABOR DAY QUOTES

***“I’m a greater believer in luck, and I find the harder I work the more I have of it.”***—Thomas Jefferson

***“Either you run the day or the day runs you.”***-- Jim Rohn

***“Developing a good work ethic is key. Apply yourself at whatever you do, whether you're a janitor or taking your first summer job because that work ethic will be reflected in everything you do in life.”*** -- Tyler Perry

***“Opportunity is missed by most people for it is dressed in overalls and looks like work.”***— Thomas Edison

***“You've got to get up every morning with determination if you're going to go to bed with satisfaction.”*** -- George Lorimer

***“Don’t judge each day by the harvest you reap but by the seeds that you plant.”*** -- Robert Louis Stevenson

***“Whether you think you can, or you think you can’t – you’re right.”***-- Henry Ford

***“Time is an equal opportunity employer. Each human being has exactly the same number of hours and minutes every day. Rich people can’t buy more hours. Scientists can’t invent new minutes. And you can’t save time to spend it on another day. Even so, time is amazingly fair and forgiving. No matter how much time you’ve wasted in the past, you still have an entire tomorrow.”*** -- Denis Waitley

***“Do the hard jobs first. The easy jobs will take care of themselves.”***-- Dale Carnegie

***"Happiness is not in the mere possession of money; it lies in the joy of achievement, in the thrill of creative effort."*** -- Franklin D. Roosevelt

***"Success means doing the best we can with what we have. Success is the doing, not the getting; in the trying, not the triumph. Success is a personal standard, reaching for the highest that is in us, becoming all that we can be."*** -- Zig Ziglar

***"The man who moves a mountain begins by carrying away small stones."***-- Confucius

***"Things may come to those who wait, but only the things left by those who hustle."***-- Abraham Lincoln

***"People rarely succeed unless they have fun in what they are doing."***-- Dale Carnegie

## ITEMS OF INTEREST

Contact Mr. Shulman for More Information  
on starting a C.A.S.A. chapter near you!

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**ANNOUNCING THE RECENT LAUNCH OF A NEW  
150-QUESTION ONLINE SHOPLIFTING ASSESSMENT TOOL  
DEVELOPED BY THE SHULMAN CENTER  
WITH TECHNICAL ASSISTANCE FROM ADE SOLUTIONS IN METRO-DETROIT.**

*This is a rare and in-depth assessment tool and can be easily accessed online.*

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and can be used by courts, therapists, and those who have shoplifted.*

*Once the questionnaire is completed and submitted,  
you will receive an immediate one-page summary that tells you*

*how severe a shoplifting problem you have,  
what type of shoplifter you are,  
and your risk level for reoffending in the future  
(low, medium, high, or very high).*

**See: <https://ade.solutions/shoplift.html>**

**Or click here: [Shoplifting Assessment](#)**

**View Mr. Shulman's 2-minute YouTube Video on Shoplifting Addiction:**

**<https://www.youtube.com/watch?v=N7eNcJhwGwc>**

**In 2019 I was contacted by three gentleman from the Baton Rouge and Lafayette, Louisiana area--one from the criminal justice system. one from addiction-recovery treatment centers, and the other specialized in developing online learning courses. They commissioned me to develop four online education programs:a juvenile and an adult shoplifting prevention course; an adult employee theft prevention course; and an adult identity theft prevention course. These four courses have been live online since mid-2020 and a 5th course I developed on effective decision making went live this past month.**

**See course information at:**

**<https://cbtclasses.com/course-registration/>**

**In 2018 I was contacted by Turning Point Justice, Inc. out of Boca Raton, Florida and consulted with them to create an online program to address the epidemic of employee theft-based on my book *Biting The Hand That Feeds* and my counseling with theft offenders. Next, I consulted on and co-created an online shoplifting awareness-prevention program based on my book *Something for Nothing*. Both programs are now available for purchase.**

The employee theft course is available to individuals but was primarily designed to be marketed to companies and organizations of all kinds. The course has three modules: 1. An introductory course for all employees (incoming and seasoned); 2. A secondary review course for any employee who has committed a minor infraction of dishonesty in the workplace but who is given a second chance and retains his/her employment; and 3. A special course for any employee who is terminated for employee theft but will be offered a chance to take this course for his/her own reflection and, possibly, to receive leniency. The shoplifting course is available to individuals who may be court-ordered to take it or who may wish to take it voluntarily for self-improvement and, possibly, to receive leniency as well. See course information at: <http://turningpointjustice.com/>

**Instructions:** To request enrollment in an education course by Turning Point Justice, please email: [support@cbtfortheft.com](mailto:support@cbtfortheft.com) and indicate you were referred by The Shulman Center. Please be sure to include your name and phone number for TPJ to get in touch with you.

I am honored and excited to announce that my 2003 book *Something for Nothing: Shoplifting Addiction and Recovery* has been translated into Japanese and published on July 9, 2019. I received several copies in the mail and it is listed on the Japanese version of Amazon.com! I'll have to brush up on my Japanese! We are discussing a possible trip to Japan later this year to help promote it! Dr. Hiroshi Okuda, a psychiatrist from Japan who helped me get this book published, visited me in Detroit on September 14, 2019. Tina, my wife and the creative director of The Shulman Center, and I hoped to visit Dr. Okuda in northern Japan in April 2020 but this was postponed due to the Covid pandemic. We hope to visit in 2022.

White Collar Crime Support Group  
Meets Online on Zoom Monday Evenings Since 2016  
7 pm ET, 6 pm CT, 5 pm MT, 4 pm PT

**Contact:**

Rev. Jeff Grant, J.D., M.Div., Co-founder/Minister, Progressive Prison Ministries, Inc., Greenwich CT & Nationwide. 203-405-6249, [jgrant@prisonist.org](mailto:jgrant@prisonist.org), Mailing: PO Box 1, Woodbury, CT 06798  
See: [www.prisonist.org](http://www.prisonist.org)

**RECO12.COM**

Weekly Recovery Open Talks Live Online  
(And Recorded for Later Listening)  
See: <https://www.reco12.com/>

Check out new [Unsteal.org](http://www.unsteal.org) videoclips...  
[Confessions of A Repentant Thief](http://www.unsteal.org)  
[Unsteal Repayment Boxes Now in Stores!](http://www.unsteal.org)  
<http://www.unsteal.org>

Great podcasts by my brother Samson Shulman!  
Interviews with up 'n coming trailblazers  
and their ups 'n downs along their way  
<http://www.hustlesanctuary.com/>  
and his new podcast called Connection Is Magic!  
<https://connectionismagic.com/>

Carrie Rattle, CFP, of Behavioral Cents bought  
Dr. April Benson's Stopping Overshopping Program  
which includes a *guided self help program that is housed on an App called Mentegram.*  
See: <https://www.shopaholicnomore.com/guided-self-help-for-when-the-urge-strikes/>

Sign Up for The Jack Hayes, International Free Quarterly Loss Prevention Newsletter!

Online Course For Shoplifters Helps Them Understand and Stop Stealing  
<http://web.3rdmilclassrooms.com/courses/court/stoplifting#section-top>

## Monthly Articles of Interest

Click on **blue** hyperlinks  
to view full articles/videos:

[The "10 Thing" Rule To Keeping Your Home Uncluttered](#)  
*Autumn Cleaning Before The Holidays! The Time is Now!*

[In Honor of Labor Day....](#)

*NY Times Article: If You've Paid Your Debt To Society, You Should Be Allowed To Work*

[This Is My Idea of A Good, Smart Cop!](#)

*New Jersey Town's Chief of Police Says "Some Shoplifters Need Therapy."*

[Okay, Follow Me On This One....](#)

*Five Times When It's a Boundary Issue But Not a Trust Issue!*

[Caregiving Is Hard Work....](#)

*And Caregiving During The Covid Pandemic Is Herculean!*

[You May Have Absolutely No Desire To Remember Your Strangest Dreams....](#)

*But If You Do, Here Are 5 Simple Steps To Help Anyone!*

[Are You Really Depressed or Are You Experiencing A "Dark Night of The Soul?"](#)

*How To Tell The Difference... It May Literally Save Your Life!*

[Sex Laws of The Universe](#)

*As Told By An Old Jewish Guy Who Happens to Be a Renowned Sex Therapist*

[How To Create A Self-Care Plan That Really Works for You!](#)

*Check Out This Powerful 5-Part Process*

[I Marie Kondo'd My House And It Helped Me Stop Mindless Spending](#)

*Don't Knock This Until You Tried This!*

[Does Venting and Complaining Actually Help Us or Hurt Us?](#)

*New Research Reveals Surprising Results!*

[What Is PTG?](#)

*No, It's Not A Golf Tournament!*

*it Stands for Post-Traumatic Growth... And It's A Real Phenomenon!*

[How To Put An End To A Passive-Aggressive Marriage](#)

*Assuming You Want To...*

[Life After White-Collar Crime](#)

*Recent New Yorker Article Tells Story of Former Lawyer/Support Group Founder*

[When Overgivers Become Takers, Too](#)

[How To Win At Life!](#)

*What Sports Psychologists Can Teach The Rest of U!*

[How To Overcome Your Fear of Confrontation and Conflict](#)

*Look, Don't Shoot The Messenger! Read This Only if You Want To...*

[Oprah Says: If You've Been Feeling Shame Over a Secret, Offer Yourself More Grace](#)

*And Then You'd Better Share That Secret, Girl, And Share It Now!*

**This Month's Featured Articles**

**Falling Up and Falling Down:  
Embracing Autumn: The Season of Change**

*by  
Terrence Shulman*

Embracing The Season of Change by Terrence Shulman Change is ever-present, yet fall/autumn is known as the season of change. In about two months we will have an election and there will be dramatic change no matter what. Some of us are anxious about change, some of us are looking forward to change. Some of us may feel--that the more things change, the more they stay the same."

We've all heard the famous saying: "the only thing that's certain is change." While most of us know this, most of us still don't like it and have trouble accepting change. I include myself! Change can feel particularly jarring when it seems to arrive not from our own conscious choices. Change can be frightening when we have to change our beliefs as well as our actual modes of operating. Real change can feel like death: death of our former selves. We need new paradigms for meeting change--individually and collectively--if we are to evolve.

We may have to change our ways of "doing business as usual"--in our actual businesses as well as in our relationships, managing our health, and in other dimensions of our lives. From a place of deep acceptance, from a total alignment with the way things are, grounded in love, rooted in the undulating breath. We have a tendency toward complacency and settling back into old routines, whether this is the case with addiction relapses or old ways of thinking. Even the word "fall" as in "autumn" conjures not only the image of falling leaves but, perhaps, of allowing ourselves to fall, or surrender, in order to rise, move forward, and grow. So, as we enter the fall season--the season of change--we may either be resisting change or hoping and praying for change. Or maybe a little of both. As summer fades and we naturally begin to turn inward with the fading temperatures, we might as well embrace or allow ourselves to "fall forward" into transformation. After all, life is calling us forward.... not backward.

We have a tendency toward complacency and settling back into old routines, whether this is the case with addiction relapses or old ways of thinking. As we approach the 15th anniversary of the September 11th terrorist attacks, we might recall how--for a short period of time--we felt that event "changed everything." Yet, I suspect for most of us, life eventually went on and we returned to the more trivial, mundane and essential concerns of our own particular lives.

We may either be resisting change or hoping and praying for change. Or maybe a little of both. As summer fades and we naturally begin to turn inward with the fading temperatures, we might as well allow ourselves to "fall forward" into transformation.

In Neale Donald Walsch's book *When Everything Changes, Change Everything* (2009) Walsch talks about

how change can feel threatening to our very notions of safety and security. However, change is also inevitable ("the only thing that is certain is change"). Change is how we grow. The only question is whether we evolve or regress. Sometimes it seems we need to regress before we evolve.

Walsch defines change this way: "Change is the shifting of any circumstance, situation, or condition, physical or non-physical, in such a way that the original is rendered not merely different from what it was, but altered so radically as to make it utterly unrecognizable and impossible to return to anything resembling its former state."

Does this resonate with you? Real change can, indeed, feel like death: death of the former self.

Eckhart Tolle, in his books *The Power of Now* and *A New Earth*, uses the term "pain-body" to describe "a negative energy field that occupies your body and mind... and which has two modes: active and dormant." The pain-body can be activated through stressful times, "in intimate relationships, or situations linked with past loss or abandonment, physical or emotional hurt, and so on... The pain-body wants to survive, just like every other entity in existence, and it can only survive if it gets you to unconsciously identify with it. It can then rise up, take you over, 'become you,' and live through you... Pain can only feed upon pain. Pain cannot feed on joy... You are not conscious of this, of course, and will vehemently deny that you want pain."

Tolle goes on to speak about how to approach dissolving or transmuting the pain-body. He states we can only do so by acknowledging its existence and by continuing to observe it and have compassion for it. This is true when we are dealing with addictions which are akin to pain-bodies themselves as they wrap themselves around us and trap us in fear and distorted thinking which leads to the relative inability to step out of our dramas to see the truth of who we really are and the options and choices we have. Indeed, the word addiction comes from a Latin word meaning "to imprison."

Speaking of prison, one of the most dramatic ways in which we imprison ourselves is through living secret lives. Therefore, one of the most dramatic ways we can find new freedom may be to take a risk by sharing intimately with someone something we have previously kept secret. As author Brene Brown reminds us: "vulnerability is actually strength"--not usually how we think or operate.

In my counseling work with clients as well as in my own participation in recovery self-help groups, I regularly witness the struggle people have in "coming clean" about their history of stealing and/or overspending. I have been there myself. I just learned that a friend in longtime recovery still hasn't told her spouse about her addiction history. While it is certainly her choice, I can only imagine the pain, fear, and shame she holds closely inside of her.

I recently counseled a married couple in coming "out of the shadows" and revealing the extent of their secret lives with their respective spouses. It was both frightening and liberating to them. They each expressed relief at feeling a load off their shoulders--and real change and transformation became possible. One of my favorite sayings is "we're only as sick as our secrets." So, in what ways do you feel change beckoning you? Health? Finances? Employment? Relationships? Moving? New projects or goals? Remember: we can delay or resist change--which just results in stagnation. Or we can do our best to welcome it and know that change is inevitable and is how we truly grow

**H9/11: 20 Years Later**  
**A War Finally Ended**  
***Remembering The Fallen, Remembering Ourselves***

Where were you the morning of Tuesday September 11, 2001? Like me and most of us, I bet that's a date and time few of us will forget.

I was on the tail-end of a very difficult period of transition in my life. Earlier that year, I'd quit my job as the director of a counseling clinic to finish writing my first book *Something for Nothing: Shoplifting Addiction and Recovery* and to launch my own private practice. By mid-year, I was broke and having panic attacks,

wondering what would become of my hopes and dreams.

Fortunately, I had returned to therapy and had reestablished some semblance of peace and stability when those planes hit those towers. I was working at the counseling clinic I had left and come back to. I can only imagine what those clients in early treatment and recovery must have felt as we turned on the TV and watched in shock what unfolded.

In those few hours, life as we knew it changed. Pearl Harbor must have been a shock but the attack on 9/11 was even more shocking. And as the 20th anniversary approaches, I feel called to remember the fallen--those nearly 3,000 souls who died in the attacks as well as the family and friends of those fallen. I weep for our nation,

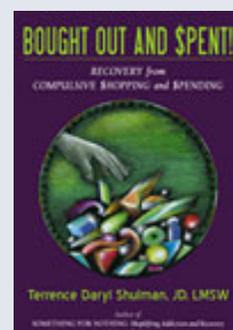
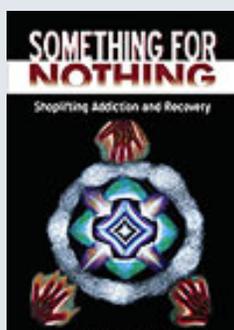
I weep for our world. 20+ years into the 21st century, we still experience such violence and counter-violence. A reign of terror and a war on terror over the last twenty years have claimed scores of lives and left untold trauma on us all. Now, here we are--on the verge of choosing a new president--politics as ugly and polarized as ever.

Here we are... wondering if we'll be attacked again and, if so, how badly. We lost more than lives on 9/11, we lost a part of our soul. We came together for a short time and, I suspect, we'll do so again to mark the 20th Anniversary; yet, it seems we have also met the enemy and it is us. We are in a sort of Civil War among ourselves in our politics and in our souls. May we remember the fallen... and that includes us all.

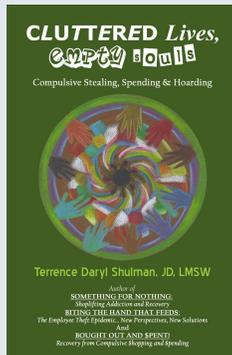
**C.A.S.A.**  
**(Cleptomaniacs And Shoplifters Anonymous)**  
**Celebrates 29th Anniversary This Month**

I'm proud to announce the upcoming 29-year anniversary of the C.A.S.A. (Cleptomaniacs And Shoplifters Anonymous) self-help group and the 21-year anniversary of the CASA-online self-help group (started in 2000 but reformatted in 2003). Our metro-Detroit area group, which I founded in 1992, appears to be the oldest ongoing self-help group of its kind. C.A.S.A. has four metro-Detroit area chapters which have meet weekly by phone since March 2020 due to Covid., We also have had about 15-20 other C.A.S.A. groups throughout the U.S. We have a ways to go before we have self-help groups in every state, let alone every major city, but we continue to hold the vision for this. If you are interested in either starting a local meeting chapter or contributing in some way to assisting this process, we invite you to read the books *Something for Nothing: Shoplifting Addiction and Recovery* and *Biting The Hand That Feeds: The Employee Theft Epidemic... New Perspectives, New Solutions*. Please contact us by e-mail or phone. Email [terrenceshulman@theshulmancenter.com](mailto:terrenceshulman@theshulmancenter.com) for information about self-help group meetings.

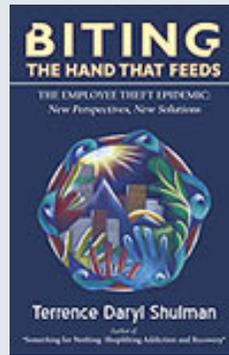
***Books by Terrence Daryl Shulman***



Consider highlighting products or services, sales or promotions, personal bios, and more. Use images that complement your message, and link your images to supporting resources.



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## SPOTLIGHTS

OTHER ASSOCIATES ARE DOING GREAT WORK, TOO!

Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"

**Call Now  
for a  
FREE  
CONSULTATION!**

**248-358-8508**

All Calls Are Confidential

*OFFER GOOD FOR A LIMITED TIME!*

**The Shulman Center for Compulsive Theft, Spending and Hoarding**

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